



## Forget the PR, Mohican 50K (8:00 am) & 25 K (8:30 am)

Sunday, April 18, 2010

### Mohican State Park Campgrounds. - Loudonville Ohio

3116 State Route 3, Loudonville, Ohio 44842 at the Class A shelter/pavilion (Start/Finish)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ T-Shirt Size: XS S M L XL 2XL ( Unisex)

Email address: \_\_\_\_\_

**Make Checks Payable to:** Forget the PR, Mohican 50k **Send To:** Rob Powell 626 Grove Ave, Galion, Ohio 44833 Circle one entry option below:

1. 50k Entry Cost: \$60.00 (tec t-shirt for entry and buckle for completion) March 1<sup>st</sup> on \$75 No entry after April 1<sup>st</sup>. 150 runner limit.
2. 25K Entry Cost \$30.00: (Cotton shirt only) 25k Race starts at 8:30 am. March 1<sup>st</sup> on \$40. No entry after April 1<sup>st</sup>. 50 Runner limit.

(NO REFUNDS!)

More information can be found at [www.mohican50k.com](http://www.mohican50k.com)

**Park at overflow parking (MT. Bike Parking) across route 3 from campground (start/finish) and walk UNDER bridge to start finish area. Follow signs** Check in: 6:00 AM-7:40 AM Location: Mohican State Park Campgrounds in Loudonville, Ohio. Park drives will be open to normal vehicle traffic. No pacers during race. Zero tolerance for littering. Trails will be open to walkers and other trail users. Be respectful of others and share the trail. Please be aware of your surroundings, especially when crossing roadways. Family, Crew, Spectators: Please do not go to the Covered Bridge Aid Station (A.S.#2) and Hickory Ridge Aid Station (A.S.#1). Also, please park at the bike trailhead parking area and walk to the Fire Tower (A.S.#4) .

**Release:** I, the undersigned, certify that I am physically fit, and capable of participation in this event. I understand that trail running and running ultras is a potentially dangerous and sometimes confusing activity, and I assume full responsibility for any injury or accident, which may occur during my participation in the Forget the PR, Mohican 50k. I hereby release and hold harmless Forget the PR, Mohican 50K and agents, its officers and employees, and all other persons and entities associated with this event. A park waiver will be completed race day morning.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

100% of proceeds benefit: 50k Galion Girls Softball & 25k WRTR for annual donations.